Orlando - Trails

Shingle Creek Trail, 8.5 mi

The Shingle Creek waterway winds beautifully along suburban and rural landscapes through the City of Orlando, Orange County, Osceola County and the City of Kissimmee. From Orlando there is now a multi use trail ending at Destination Parkway near the Orange County Convention Center. Kissimmee started a trail from the south ending near Osceola Pkwy, see page 79. Between these trails are 7 miles along the creek left and planned for construction in 2024/25. Right now connection along sidewalk of busy roads.

Start: Poppy Park

N28 31.386 W81 27.057

Eagle Nest Park

N28 30.963 W81 26.993

End: Destination Pkwy

N28 26.315 W81 25.769



The official start of the trail is at Poppy Park, 5344 Lescot Ln, but there is no parking. Better is the nearby Eagle Nest Park, 5165 Metrowest Blvd, with parking and restrooms. There are signs "Shingle Creek Trail" along the way.

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Sand Lake F

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Mi 0 Poppy Park, the trails runs along Lake Fran. There is a trail around the lake to Eagle Nest Park, but we go straight.

Orlando - Trails

Mi 2.9 Here, at N28 29.635 W81 26.544, you have two choices. Turning right over the little bridge is nicer.

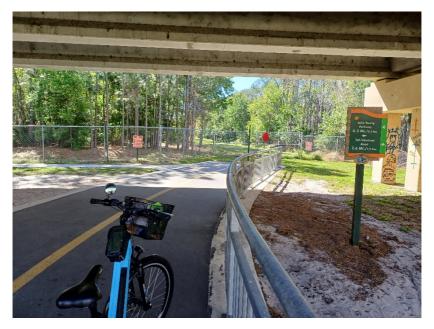
Mi 3.9 Cross Vineland St and underpass of 14, N28 29.182 W81 26.535.

Mi 5 Cross Oak Ridge Rd, N28 28.327 W81 26.545. Soon after turn along Dezerland Park. Possible to park a car if necessary.



Mi 7.3 At Sand Lake Road, N28 27.027 W81 26.049, ride up the ramp, go east along the road, then a sharp turn leads to an underpass - a big plus on this busy road! There is Sand Lake Trailhead.

Mi 8.5 Destination Pkwy, N28 26.202 W81 25.826, end of trail (phase 2), no trailhead. Should be continued to Kissimmee in the future.



Author's note: I did ride to the Shingle Trail end in Kissimmee via sidewalks and short trails. It was complicated and took 14 miles, but was quite safe. Not recommended.